

KEY VOCABULARY

Episode 6: Food Rules!

Strategy Suggestion

Remind students that compound terms have a different meaning than that of their individual words. Ask a volunteer to define “open compound” (a word made up of two or more existing words separated by a space) and a “closed compound” (a word that is made up of two or more existing words and contains no spaces or hyphens).

Ask students which words on the list fall into each category: **Open Compound** (blood pressure, civil liberty, heart disease); **Closed Compound** (healthcare, workplace). For each, discuss with the class how the meaning of compound is different than its individual words.

Word/Term	Part of Speech	Definition
additive	n.	a substance (such as a chemical) added in small amounts to another substance (such as a food) to change it or make it last longer (additives)
ban	v.	to say that something cannot be used or done; to forbid (bans, banning, banned)
blood pressure	n. phr.	the force with which blood moves through a person's body, often measured as a sign of physical health
civil liberty	n. phr.	the right or freedom of people to do or say things (that are not illegal) without being stopped or interrupted by the government (civil liberties) e.g., Freedom of speech is a <i>civil liberty</i> .
diabetes	n.	a disease in which the body cannot properly control the amount of sugar in the blood
healthcare cost	n. phr.	the cost of providing services related to delivering healthcare (healthcare costs)
heart disease	n. phr.	any problem of the heart that weakens or worsens its functioning
moderation	n.	neither too much nor too little, especially in behavior
nutrition	n.	the study or practice of eating the right kinds of food so you can grow properly and be healthy
obesity	n.	the condition or state of being extremely overweight
workplace	n.	the location (such as an office or factory) where people go to do their job